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WoDiLab

MAP THE PATH TO RESULTS

Design clear steps for your clients to follow, guiding them from their current situation to their desired outcome.

ACTION CHECKLIST

☐ **Step 1 – Clarify your final outcome**
Write your Course Promise and confirm the one core transformation your MVC delivers.

☐ **Step 2 – Work backwards from the result**
Identify what must already be in place right before the final result becomes possible.

☐ **Step 3 – Define 3–5 main stages**
Organize your insights into a clear, logical sequence of stepping stones.

☐ **Step 4 – Test your path for clarity and logic**
Check whether your stages are sequential, essential, and easy to explain.

Step 1 – Your Final Outcome

Write your Course Promise (your final “dish”):

Now confirm:
What is the ONE core transformation your course delivers?

This course is not about multiple outcomes.
It is about one clear result.

Step 2 – Work Backwards

Use the backward method.

If your client achieves the final result,
what must already be in place right before that?

And before that?

And before that?

Write the necessary pre-conditions:

Right before the result:

Before that:

Before that:

Before that (if needed):

You are identifying necessities — not creating complexity.

Step 3 – Define 3–5 Main Stages

Now move forward again.

Turn your backward insights into 3–5 clear stages.

Keep them:

- Short
- Action-oriented
- Logical
- Sequential

Example (Business Course):

1. *Define the problem*
2. *Clarify your offer*
3. *Create the workshop*
4. *Launch and enroll*

Example (Health Course):

1. *Understand what's changing*
2. *Identify personal triggers*
3. *Build a routine*
4. *Stabilize and adjust*

Now draft your stages:
Stage 1: _____
Stage 2: _____
Stage 3: _____
Stage 4: _____
Stage 5 (optional): _____
(3–5 stages are ideal. Avoid overcomplicating.)

Step 4 – Test the Logic

Now pause and evaluate your structure.

Can you explain your path in under one minute?

☐Yes / ☐ No

Does each stage clearly prepare the next one?

☐Yes / ☐No

If someone skipped one stage, would the result still be possible?

☐Yes / ☐No

If skipping a stage breaks the result — it is essential.
If removing it changes nothing — reconsider it.

Refinements:

Final Reflection

Your structure should feel:

☐ Clear

☐ Sequential

☐ Focused

☐ Achievable

Not impressive.
Not overloaded.
Not encyclopedic.

Clarity builds confidence.

Milestone Submission

For this lesson:

1. Add your final 3–5 stages to your **WoDiLab Milestone Tracking Document**
2. Tag your mentor

You earn:
• 1 XP – watching the lesson
• 2 XP – completing the worksheet
• 2 XP – submitting your milestone

Total: 5 XP

Your Course Promise is the destination.

Your path is the recipe.

When people see the steps,
they feel safe moving forward.







And safety creates trust.